Second Mindfulness Retreat Camp



13 Civil Servants in Executive, Specialist and P1 Management positions are currently attending Mindfulness Retreat Camp held at the Professional Development Centre, Royal Audit Authority, Tsirang from March 4-8, 2019 led by Khenpo Sangay Khandu and Lopen Tashi and Lopen Pema of Institute of Science of Mind, Semtokha, representatives of the Zhung Dratshang